



*The Fourth Sunday in Ordinary Time*

January 29, 2023





## PARISH STAFF

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## DOMINICAN FRIARS

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**Br. Michael Thomas Cain, O.P.**  
Student Brother in Residence, Newman Center

*In Residence*

Fr. Raymond Finerty, O.P.  
Fr. Daniel Syverstad, O.P.

## CHURCH INFORMATION

**Office Hours:** M-F 9:00 AM – Noon, 1:00 PM – 5:00 PM

**Address:** 5050 8<sup>th</sup> Ave NE, Seattle WA 98105

**Phone:** (206) 547-3020

**Website:** [blessed-sacrament.org](http://blessed-sacrament.org)

**Email Address:** [info@bspwa.org](mailto:info@bspwa.org)

## MASS AND DEVOTION TIMES

### Sunday Mass

Saturday 5:30 PM (live-streamed & in-person)

Sunday: 7:30 AM, 9:00 AM, 12 Noon, 5:30 PM

### Daily Mass

Monday-Friday: 7:30 AM and 5:30 PM

Saturday: 8:30 AM

### Confession

Friday: 8:00 – 10:00 PM

Saturday: 3:30 – 4:30 PM

Or by appointment

### Adoration

Monday – Friday: 6:30 – 7:30 AM

Friday: 8:00 PM - 11:00 PM

### Church Open

Weekdays, 6:30 AM – 6:30 PM

### Liturgy of the Hours

Morning Prayer: Monday-Friday, 8:15 AM

Saturday, 7:30 AM

Evening Prayer: Monday-Friday, 5:00 PM

### Divine Mercy Holy Hour

Sunday, 3:00 PM—4:00 PM

Adoration-Rosary-Divine Mercy Chaplet-Confessions

## COVER ART

*The Sermon on the Mount,*  
Bartolomeo degli Erri (1460–79).

## WEEKLY COLLECTION

Fiscal Year (July 1, 2022—June 30, 2023)

Week 30 (January 19-25)

Weekly Amount: \$9,981.22

Fiscal Year-to-Date Weekly Average: \$19,705

Fiscal Year-to-Date Total: \$591,153

Blessed Sacrament would like to thank

 **ROBINSON LAW FIRM**  
Yacht Acquisition and Taxation  
**FREDERICK M. ROBINSON**  
11027 Marine View Dr. SW • Seattle  
[fred@frobinsonlaw.com](mailto:fred@frobinsonlaw.com)  
206-557-0177  
[www.frobinsonlawfirm.com](http://www.frobinsonlawfirm.com)

for sponsoring the printing of our bulletin.

## MASS INTENTIONS

### Sunday, January 29

Pro Populo

+Debby Dexter-Knight (Bob, Cherie and Bobby Hendrix)

+Irene Kennedy (Susan Burke)

+Blas Maza (Susan Rotilles)

### Monday, January 30

+Anne McCrory (Daphne Sullivan)

+Nicholas Chascione (Danielle Meir)

### Tuesday, January 31

Priest's intention

Kieu ta (Nguyen Hoang)

### Wednesday, February 1

+Stewart Klein (Daphne Sullivan)

Joseph Delaney (Maureen Delaney)

### Thursday, February 2

In thanksgiving (Susan Rotilles)

Lund Family (Andrea Lim)

### Friday, February 3

+James Patrick Morgan (Susan Burke)

+Germano Depinna (Patricia D'Almeida)

### Saturday, February 4

Tyrrel Moody (Susan Burke)

+Robinson Miguel Gainza Lynch (Thomas Gainza Lynch)

## MASS READINGS

### Sunday, January 29

Zep 2:3, 3:12-13; 1 Cor 1:26-31; Mt 5:1-12a

### Monday, January 30

Heb 11:32-40; Mk 5:1-20

### Tuesday, January 31

Heb 10:1-10; Mk 3:31-35

### Wednesday, February 1

Heb 12:4-7, 11-15; Mk 6:1-6

### Thursday, February 2

Mal 3:1-4; Heb 2:14-18; Lk 2:22-40

### Friday, February 3

Heb 13:1-8; Mk 6:14-29

### Saturday, February 4

Heb 13:15-17, 20-21; Mk 6:30-34

## FRASSATI YOUNG ADULTS AND GRADS

Facebook: [facebook.com/frassatinewmanya](https://facebook.com/frassatinewmanya)

Website: [uwnewman.org/frassati](https://uwnewman.org/frassati)

### Young Adult Mass & Dinner | Sunday, February 5

Be sure to join the Frassati Young Adult Community for our monthly Mass and Dinner! Mass at 5:30 PM at Blessed Sacrament in the U-District followed by dinner in the Parish Hall. RSVP by 1/27 at [forms.office.com/r/zMajGkHXFK](https://forms.office.com/r/zMajGkHXFK) so we know how many meals to cook and know of any dietary restrictions. Interested in helping? We need help setting up before Mass and cleaning up after the dinner. Sign up here: [signupgenius.com/go/8050948ACAB23ABFE3-february](https://signupgenius.com/go/8050948ACAB23ABFE3-february).

## BLESSED SACRAMENT FOOD PROGRAMS JANUARY THROUGH DECEMBER 2022

### Expenditures

General	\$13,571.64
Donations to Community *	\$46,700.00
Friday Food Bank/Sunday Dinner **	\$87,356.72
<b>Total</b>	<b>\$147,628.36</b>

### Income

Direct Donations	\$8,649.48
Parish Donations	\$43,751.79
Solid Ground: EFAP/Cares Act Reimbursements	\$46,980.17
Transfers from Trust	\$55,000.00
<b>Total</b>	<b>\$154,381.44</b>

\* *Donations to Community: Mobile Dental Clinic, United Churches Emergency Fund, University Heights Homeless Resource Center, North Helpline, University Food Bank, Family Works, Elizabeth Gregory Home, YouthCare*

\*\* *Friday Food Bank: 5,767 food packages distributed valued at \$288,350, over 4,510 estimated volunteer hours; at Sunday Dinner: 16,156 meals served valued at \$242,340, over 7,390 estimated volunteer hours.*

Thank you to our amazing volunteers as well as parishioners and donors for your incredible support in 2022. God bless you for your generosity and commitment of time and treasure supporting Blessed Sacrament Food Programs and responding to ever increasing need in our parish neighborhood and greater Seattle area!

## FEBRUARY SENIOR LUNCHEON FELLOWSHIP

Wednesday, February 8, 2023  
*Happy St. Valentine's Day!*

Several of our parish families will join us as we create a variety of Valentine's Day arts and crafts projects.

10:30 AM: Adoration, Rosary, and Confession

11:00 AM: Mass and Anointing

11:45 AM: Luncheon and Fellowship in the Parish Hall



*Two of our seniors with a no-sew blanket, part of our January activity! The seniors made 17 blankets; they will be distributed by the friars to homebound parishioners when they are brought Holy Communion.*

## REGISTRATION IS NOW OPEN FOR YOUTH CONFIRMATION CLASSES!

Youth Confirmation will be held on Thursday evenings, from February 23 - May 18 at 7:00 PM. Youth Confirmation is open to 7<sup>th</sup> graders. Classes will be in the Parish Hall and will be taught by Fr. Dominic David.

**Youth Confirmation Retreats:** In addition, our Youth Confirmation candidates will attend two retreats as part of their preparation: Archdiocese of Seattle Youth Confirmation Retreat at Camp Hamilton, Saturday, April 29, 2023 (full day); Blessed Sacrament Youth Confirmation Retreat at Blessed Sacrament, Saturday, May 27, 2023 (9:00-12:00 PM) *(Please note that this is a change from the previously advertised date).*

Registration Link:

[archseattle.ccbchurch.com/goto/forms/42/responses/new](http://archseattle.ccbchurch.com/goto/forms/42/responses/new)

## ST. VINCENT DE PAUL FIFTH SUNDAY COLLECTION

This weekend is the St. Vincent de Paul Fifth Sunday Collection! Your gifts enable us to continue to help many people in our neighborhood who are in need.

## BLESSING OF THROATS

There will be the blessing of throats available for the Feast of St. Blaise at the morning and evening Masses on Friday, February 3.

## COLLECTION THIS WEEKEND: NORTHWEST CATHOLIC

Northwest Catholic is the official publication of the Archdiocese of Seattle, mailed 10 times each year to every registered Catholic household in Western Washington. Its mission is to promote the new evangelization and form disciples by proclaiming the good news of Jesus Christ. A percentage of this collection goes to the CCC, which promotes evangelization by supporting communications through television, radio, internet, and other media, and through special projects of the Catholic press.



## NEXT STEP PREGNANCY SERVICES BABY BOTTLE DRIVE

Please consider joining us beginning the weekend of February 11 and 12 in this event to raise awareness and funds for one of our local Life-Affirming Pregnancy Resource Clinics! Representatives of Next Step will be on hand to answer questions and hand out bottles to collect cash, check, and change.

For those who would like to contribute to this campaign online, please visit: [nssupport.org](http://nssupport.org) under the "Bottle Campaign - Current Campaigns" tab. Just scroll down and look for Blessed Sacrament! This site has news, events, blogs, and pictures of all the good happening at Next Step. Next Step is a non-profit charitable medical organization protecting the unborn and providing pregnancy testing, early diagnostic OB ultrasounds, baby and maternity clothes, food, books, and other supplies all free of charge.

Thank you!

*If you want to visit Next Step, have questions or volunteer come on in! 19526 64<sup>th</sup> Ave West, Lynnwood WA 98036  
(425)329-4569 | [heather@nextstepnw.com](mailto:heather@nextstepnw.com)  
Heather Vasquez, Executive Director.*



## BLESSED SACRAMENT ORGAN PROJECT

We have enjoyed a long history of excellence and engagement in spreading the joy of the Gospel in our region. Led and inspired by our Dominican identity and its love for the liturgy, we have presented concerts, choral Masses, and regular weekend liturgies to the glory of God and for the education and uplifting of the faithful for many years. Emerging from the pandemic, we are presented with the opportunity to restore, reinvent, and reinvigorate our music program to meet the current needs of the Parish and region with renewed focus on music in the celebration of the Mass. Over the next year we plan to restore the volunteer choir to 20-30 members, begin a regular children's music ministry, engage in regular choral Masses, and increase the level and quality of congregational singing. It is our ongoing, long-term goal to create and sustain a music program that is consistently growing and adjusting, that plans for permanence and stability, and that completes the vision of our church's founding fathers to see a place of right worship of our Creator.

Three important goals need to be met to build a foundation for restoring our music program:

1. **Hire a permanent Director of Sacred Music** with the appropriate credentials to train volunteers and lead a professional, adaptable, and sustainable music program, as well as the ability to lead our organ project.
2. **Build interest and participation in the music program** by increasing volunteer membership to 20-30 singers, start a children's music ministry, increase congregational singing, and engage in regular choral Masses.
3. **Install a quality pipe organ**, one that fits the space and can accommodate a diversity of musical efforts over the coming decades / century.

Thanks be to God, we've achieved the first goal by hiring a great new Director of Sacred Music in Michael Plagerman. With his help, we're now on our way to achieving the second goal, already having added new volunteers and professionals to strengthen our pool of available singers, as well as launching a summer music camp for children.

The third goal (adding a proper pipe organ) is naturally the most challenging, but also the one that we are blessed to have made significant progress recently. It's appropriate at this point to explain why a good pipe organ is so important to our church, and why the ones we have now are not sufficient.

### The 2016 Organ Project

Several years ago, Blessed Sacrament had the opportunity to purchase a 1946 Aeolian Skinner organ and finally address the lack of a proper organ. Some funds were raised, and the instrument was purchased and placed in storage while plans were drawn up for its installation. However, with completing of the window restoration project and the corresponding challenge of the pandemic, those plans were forced to be put on hold indefinitely.

This past Fall, as a renewed vision was being cast for music at Blessed Sacrament, the parish staff and friars, with help from parish volunteers and consultants, began to review the Aeolian Skinner plans with the goal of bringing the project to completion. However, as we explored it further, we realized that the organ, expenses, and timeline were simply no longer feasible, and that a better option needed to be sought.

Why do the plans no longer work for the Aeolian-Skinner organ? While a beautiful instrument, its installation in the loft (while technically possible) would leave almost no room for a choir. For it to fit properly in the chambers, significant work was envisioned. Unfortunately, the planned renovations have increased substantially in cost in the wake of the pandemic. Revisiting the plans with builders and organ installers now meant that costs were too high, and the timeline would stretch five years – both things our parish and music program could not afford.

With the realization that a new approach was needed, the staff, friars, consultant, and organ committee volunteers developed a two-phased plan for adding two main organs and a small portable organ. The price and pace of this effort is one the parish could sustain, while ensuring program goals could be met and built upon. Each of these organs would serve a unique purpose with no redundancy, compromises, or needs for future alteration or adjustment.

## **Where Are We Now?**

We have identified a beautifully sounding organ of impeccable construction – an opinion with which our consultant agrees – that will both meet and exceed our needs. And so, the first and immediate phase is to install a mechanical action organ of neo-classical design in the loft. Its footprint will allow for nearly 30 singers in the loft with a small instrumental ensemble, and its sonic resources will accompany the breadth of the repertoire for both adult and children's choirs. Further, its resources will greatly enhance our congregational singing. Its architectural design will enhance our space, and it will be the first permanent, fully-equipped organ in our historic church. Thankfully, we are blessed to have existing funds sufficient to cover the purchase price of this organ. Upon the recommendation of the organ committee, consultant, music director, and pastor, and with provincial approval, we made an offer to purchase this organ, which was approved. This brief summary captures the work of the past year. In the coming weeks, the parish will share more details on the work to come and future phases of the work.

## **Timeline**

### *Completed Work*

- Completed evaluation of space and program needs
- Completed structural studies
- Found, did an in-personal evaluation of, and are closing a deal on a suitable organ
- Consulted with our architect and engineer regarding installation and layout

### *Upcoming Plans*

- Monday, January 30: Removal of the Erben Organ (South Transept Organ)
- Early February: Finish and prepare area in South transept
- Middle of February: Vermeulen Organ (Loft Organ) is moved downstairs
- February 16: Acoustical consultant comes to optimize space for new organ
- May-June: Loft is prepared for new organ, including acoustical improvements
- Mid-to-late May: The newly purchased organ is disassembled and moved to Blessed Sacrament
- July: New organ is installed





## PASTOR'S CORNER

*When Jesus saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them.*

So begins the Sermon on the Mount – the most complete expression in the scriptures of the New Law of Grace spanning the next three chapters of the Gospel of Matthew.

Notably, Jesus is styled here the new Moses, the new lawgiver teaching from a mountain as Moses taught from Mount Sinai. But our Lord is not reporting to the people what God has told him: he is God telling them, speaking to them directly. It had been God's expressed desire on Mount Sinai, as he came down in the cloud and the fire, that the people might be a kingdom of priests, all of whom would speak with God. But the people refused in fear and told Moses to be their representative and mediator. But here in his incarnation the people gather around the Lord and are now taught directly by their God – not with a law destined for stone tablets, but a law to be written on their hearts.

And he begins with the Beatitudes. Like the ten commandments of the old law, the seven beatitudes, with the eighth pointing to our persecution, are the foundation of the new law. They structure the rest of the sermon and tell us a great deal of how the new law is different.

This new law is something fundamentally positive: not a string of thou shalt nots. It is something interior: an ethos, if you will, rather than a principally external ethic focused on our true happiness – our blessedness – rather than simply duty. It is something we are to grow into: the beatitudes have always been read as a spiritual journey we are called to undertake – beginning with that poverty of spirit and the recognition of our need for God and growing in them step by step. It is something prophetic: it is not something we do on our own but that the Lord works within us by the power of the Holy Spirit.

We will spend all the Sundays leading up to Lent reading the Sermon on the Mount. It is a time to go through and reacquaint ourselves with the most important text on morality for the Christian life – what Augustine called the perfect model of Christian living. May we find his law written on our hearts and form ourselves according to the blessed life to which we have been called that we may *Rejoice and be glad, in the reward which will be great in heaven.*

In Christ, through Mary,

~ Fr. Dominic David, O.P.

# JOIN THE DOMINICAN FRIARS ON A SPECIAL PILGRIMAGE TO Italy

Honoring the 700th Anniversary of  
St. Thomas Aquinas' Canonization



DOMINICAN FRIARS  
Province of the Most Holy Name of Jesus



SEPTEMBER 7-16, 2023  
WITH AN OPTIONAL DAY EXTENSION TO NAPLES

Deadline is March 1. Space is limited. Learn more and register at <https://opwest.org/italy2023>

## CANDLEMAS THE FEAST OF THE PRESENTATION

THURSDAY, FEBRUARY 2  
CHORAL MASS AT 7:30 PM

*There will also be a blessing of  
candles at the 5:30 PM Mass.*





# SUNDAY FORUM

Sunday, February 12  
10:30 AM  
UCDS School Building



Dr. Peter Beaulieu presents:  
“A Triangular Inquiry into the  
Mosque, the Manger &  
Modernity”



A familiar member and visitor at Blessed Sacrament since 1962, Dr. Beaulieu holds a Bachelor of Architecture and an interdisciplinary Ph.D. from the University of Washington. His recent book “Beyond Secularism and Jihad” (2012, subtitle above), grew out of a series of evening talks given with Fr. Blankenhorn, O.P., in the Parish Hall in 2007. Beaulieu is a member of the Society of Catholic Social Scientists, was a board member of the former G.K. Chesterton Society of Seattle, and has published several articles including those in [catholicworldreport.com](http://catholicworldreport.com).

Please join us after the 9:00 AM Mass in the UCDS school building for coffee, donuts and discussion.

# CATECHESIS

*with the Pastor:*

## The Catholic Single Life

Mondays at 7:00 PM  
Parish Hall & Live-streamed

- |             |                             |
|-------------|-----------------------------|
| February 6  | Universal Call to Holiness  |
| February 13 | Discernment and Living Now  |
| February 20 | Virtue, Friendship, Service |
| February 27 | Practical Orderings of Life |

Find more information at  
[blessed-sacrament.org/cwtp-single-life](http://blessed-sacrament.org/cwtp-single-life)

